



cheesy broccoli quinoa;

1. (cheez-ee brah-koh-lee keen-wah) *noun*. Quinoa tossed with broccoli and cheese.
2. Produces 4 Servings.
3. Preparation 20 mins.
4. Oven temperature set to --.

Ingredients;

1 c. quinoa, well rinsed
2 c. broccoli, chopped
salt & pepper

1½ c. vegetable broth/water
1 c. cheddar, shredded

Instructions;

1. Bring the quinoa, broth, and broccoli to a boil over medium heat. Then simmer 13-17 mins until quinoa is tender.
2. Mix in the cheese, let it melt and then season with salt and pepper.