No. 001



chicken bellagio;

I. (cheek-en bell-eage-ee-o) noun. Lemon pesto marinated chicken in a creamy pestoparmesan sauce tossed with linguini.

- 2. Produces 6-8 servings.
- 3. Preparation I hour.
- 4. Oven temperature set to --.

Ingredients;

Chicken

3/4 c. pesto, divided*

2 egg whites

I tsp. dried oregano

I lb. linguini pasta

2 lb. chicken breasts

2 Tbsp. lemon juice I c. flour

Sauce

1/4 c. minced shallots/onion

I Tbsp. fresh parsley

½ c. arugula

½ c. parmesan cheese

^I/₃ c. pine nuts

2 cloves garlic, minced

2 c. heavy cream

6 slices prosciutto

Instructions;

Chicken

- I. Pound chicken breasts thin, and marinate in a bag with lemon juice, egg whites, 4 Tbsp. pesto, and oregano for 30 minutes
- 2. Cook pasta according to package, then toss with 4 Tbsp. pesto.
- 3. After marinating, dredge chicken in flour and heat oil in a pan. Cook chicken 2-3 minutes per side, and remove to plate to drain. *Sauce*
- 4. In a dry pan, sauté pine nuts until toasted.
- 5. In the pan used to cook the chicken, sauté onions, garlic, and parsley. Add in half the toasted pine nuts.
- 6. Add cream and 4 Tbsp. pesto. Once thick, add half the parmesan.
- 7. Serve chicken over linguini topped with prosciutto, pine nuts, parmesan, and arugula