No. 087



vanilla honey ice cream;

I. (vuh-nihl-uh hun-ee eyys kuh-reem) *noun.* No-churn vanilla ice cream flavored with honey that can be served as "soft-" or "hard-" serve.

- 2. Produces 6 servings.
- 3. Preparation Ihour 45 mins.
- 4. Oven temperature set to --.

Ingredients;

6 large egg yolks ½ c. sugar

1/3 c. flavorful honey* 2 tsp. vanilla extract

1/4 tsp. salt 3 c. heavy cream

30z cream cheese 1/3 c. milk

*more, for serving as desired

Instructions;

- I. In a large bowl, whisk together yolks, sugar, honey, vanilla, salt, and room temperature cream cheese until smooth.
- 2. In a medium saucepan over medium heat, bring cream to a simmer.
- 3. Whisking the yolks constantly, add ladle-fulls of the hot cream into the yolk mixture. Once the majority has been whisked in, add the egg mixture back into the pan and stir to combine.
- 4. Return to medium-low heat, stirring constantly until custard becomes thick. Do not allow to come to a simmer or it may curdle. Custard should be thick enough to coat the back of a spoon.
- 5. Strain into a bowl nestled in a larger bowl filled with ice water. Using a hand mixer, whip until thick and cold. This may take up to 15 minutes. Spoon the mixture into ice trays or freezer-safe containers.
- 6. Freeze 3 hours or overnight, then blend in food processor or blender. Add a splash of milk if necessary. Top with a honey drizzle.