



## buffalo chicken wrap;

1. (buh-fah-loh cheek-en rap)  
*noun.* Chicken flavored with  
spicy buffalo sauce wrapped up  
with veggies.
2. Produces 4 Servings.
3. Preparation 15 mins.
4. Oven temperature set to --.

### Ingredients;

2 c. cooked shredded chicken	1/4 c. buffalo sauce*
salt & pepper	1/4 tsp. chili powder
2 oz. cream cheese	lettuce
carrots, shredded	blue cheese
ranch dressing (or blue cheese)	4 tortillas

\*to taste

### Instructions;

1. In a bowl, add the chicken and cream cheese, and mash together.
2. Add the buffalo sauce, salt, pepper, and chili powder, and mix together until combined.
3. Warm the tortillas in the microwave for 15 seconds.
4. Build the wraps by laying down lettuce, carrots, and buffalo chicken. Top with blue cheese, and fold into a wrap.
5. Serve with chips and ranch dressing (or blue cheese as desired).