



shredded chicken;

1. (shreh-ded cheek-en) *noun*.
Simple shredded chicken made in the crock pot.
2. Produces 8 Servings.
3. Preparation 8 hours 10 mins.
4. Oven temperature set to --.

Ingredients;

4 chicken breasts
salt & pepper*

1 c. chicken broth

*other seasonings, as desired

Instructions;

1. Season the chicken with salt and pepper. Season with other seasonings if desired.
2. Add to the crock pot, and pour the chicken broth over top.
3. Cook on low for 8-10 hours, or on high 4-5 hours.
4. Remove from slow cooker carefully (as it will be hot), and shred using two forks. Reserve the juices.
5. Mix some of the juices back in to keep it moist, and use it in other recipes.