No. 043



couscous;

I. (cooz-coos) *noun.* Light and fluffy semolina flavored with shallots.

2. Produces 3-4 Servings.

3. Preparation 20 mins.

4. Oven temperature set to --.

Ingredients;

³⁄₄ c. couscous 1¹⁄₂ c. vegetable/chicken stock 1 Tbsp. butter 2 shallots salt & pepper

*If desired, add balsamic or other spices/seasonings

Instructions;

Peel and chop the shallot. Add butter to a saucepan, and let it melt, then add the shallots and let cook for 4-5 minutes until softened.
Add 3 c. vegetable or chicken stock to the pan with the shallots and top with a lid until the mixture comes to a boil.

3. Once the stock comes to a boil, add the couscous, cover, and set aside off the heat.

4. Fluff before serving. Add seasonings to taste.